



A'ishah Institute Presents:

The Ideal Muslimah Course



THE IDEAL MUSLIMAH COURSE

with Ustadha Safiyyah Ali



Ages 15+

Course Includes:

- **Etiquettes** of a Student
- Weekly lessons emphasizing on **character** and **spiritual** development
- Essential **life skills** with qualified teachers of various fields (ex. cooking, fitness, nutrition, workshops with therapists and more!)
- **Q&A** on contemporary challenges.

Every Saturday
10:30 AM - 12:00 PM

Location:
**TBA - Fremont/
Union City**

Connect With Us:
@aishah_institute

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INSTITUTE

For More Information:
www.siddeeqinstitute.org

Course Description

The Ideal Muslimah Course is a one year program catered to youth girls ages 15 & above. Carefully selected lessons and activities in this course will assist learners in progressing spiritually, physically, and morally, paving the path into becoming the 'Ideal Muslimah'. Students will also get a chance to take part in discussions and activities with their peers to keep the learning environment engaging and interactive. This course is ideal for students of sacred knowledge, Hafizas, as well as any Muslim girl who desires to develop praiseworthy qualities that connect her to her Creator, all while being in good company and a conducive environment.

Subjects:

- Adab and etiquettes of being a student of sacred knowledge
- Islamic character building and tarbiyah
- Daily Sunnahs
- Discussions on different challenges facing the youth
- Life skills such as cooking, baking, physical fitness, nutrition, workshops by Muslim therapists , and more

Materials needed

Students will need a notebook, a journal for our weekly journaling activity, a binder and writing utensils. All other materials will be provided.

Course Duration

This will be a one year program. Classes will be every Saturday with the last Saturday a month being off.

Classes will begin in September 2023 and end in June 2024.



Course Fee

Fees are \$75 per month. More details on the payment method will be sent via email upon registration. (Nobody will be rejected due to a lack of funds)

Yearly calendar

A calendar for this year's schedule will be sent via email after registration.

Location

Location is still to be announced. This course will be held in Fremont/Union City / Hayward depending on the amount of space needed according to registrations.

Contact us

For all questions or concerns please email us at siddeeqinstitute@gmail.com

JZK

